

# St. Maarten Heineken Regatta

## Safety and Equipment Regulations

These regulations represent minimum standards of preparedness for racing in the St. Maarten Heineken Regatta. It is not an exhaustive list nor is it a substitute for good seamanship and preparation. Each competitor shall be solely responsible for the safe preparation of their boat. 'OSR' refers to the Offshore Special Regulations published by ISAF.



### 1. Scope

- 1.1. These regulations apply at all times while racing.
- 1.2. These regulations shall not be grounds for a protest except by the Race Committee or the Protest Committee.

### 2. Lifelines

- 2.1. Monohull boats shall be fitted with lifelines that comply with OSR 3.14 for Category 4.
- 2.2. Multihull boats shall be prepared as near to the requirements of OSR 3.14 as practical with due consideration for preventing man overboard.
- 2.3. Unless stated in the Notice of Race the following boats are not required to comply with regulation 2.1 or 2.2:
  - a) Boats under 8m in length designed without lifelines
  - b) Boats designed without lifelines but having sufficient bulwarks or other structures to prevent a man overboard
  - c) Boats applying for and receiving in writing an exemption from these requirements from the Race Committee

### 3. Required preparations

- 3.1. No anchor shall be stowed such that the anchor overhangs any part of the boat.
- 3.2. All hatches, companionways, and ports shall be capable of being made watertight.
- 3.3. Cockpits shall be self-bailing and fitted with adequate drains.
- 3.4. Sufficient drinking water shall be provided such that there remains at least 0.5 litres of water per person onboard at the end of each race.

### 4. Required items

- 4.1. The following items shall be onboard and accessible:
  - a) Anchor and rode
  - b) Manual bilge pump
  - c) A horn, whistle or other device for signalling by sound

- d) Tapered plugs of a suitable material, and suitable size for every through-hull opening
  - e) A bucket of not less than 8 litres capacity with lanyard attached
  - f) A First Aid kit
  - g) Charts covering the race area and any areas adjacent where shelter might be sought
  - h) Three red hand flares and two orange smoke flares
  - i) A VHF transceiver of at least 5W transmit power
  - j) A marine magnetic compass independent of any power supply, capable of being used as a steering compass
  - k) For each crew member, one lifejacket fitted with a whistle
- 4.2. The following items shall be onboard and readily accessible from the cockpit:
    - a) For boats carrying flammable fuels, a fire extinguisher
    - b) A lifebuoy, or a lifesling stowed above deck
    - c) A heaving line at least 15m long
  - 4.3. Multihull boats without a cabin are not required to comply with regulation 4.1 or 4.2 but shall have the following items onboard as described:
    - a) VHF transceiver of at least 4W transmit power sufficiently waterproofed
    - b) For each crew member, one lifejacket fitted with whistle and strobe
    - c) Towing line at least 15m long and 5mm diameter
    - d) Righting line at least 4m long and 10mm diameter
    - e) Any tracking or communications device provided by the organising authority.
  - 4.4. Where applicable all required items shall be:
    - a) of a suitable specification for the boat and expected conditions
    - b) in-date and fully serviceable